

 August 21-24th, 2024

## Palanga Well-Tech Bootcamp Agenda

### Day 1: Ignite the Future of Wellness - August 21st

- 12:30- 13:00 Welcome Blend: Coffee & Snacks
- 13:00- 13:30 Opening Spark: Kickoff Remarks & Onboarding
- 14:00- 14:30 WellTech Horizon: Keynote on Wellness Innovation
- 14:30- 16:00 Beach Connect: Speed Dating with WellTech Innovators
- 16:00- 16:15 Vision Ahead: Onboarding & Expectations
- 18:30- 21:00 Networking event & Masterclass @ Duonos Fabrikas
  - 18:30-18:50 Sip & Socialize: Drinks & Snacks
  - 18:50- 19:50 MasterClass: Networking Secret Sauce
  - 19:50- 21:00 Networking continues

### Day 2: Work Out Solutions - August 22nd

- 8:00- 8:45 Sunrise Stretch: Morning Yoga
- 8:45- 9:30 Beachside Breakfast & Daily Rundown
- 9:30- 10:30 Free Time
- 10:30- 11:30 Pitch Perfect: Workshop
- 11:30- 12:30 Expert Exchange: Mentoring Sessions
- 12:30- 13:00 Nourish & Network: Lunch
- 13:00- 14:30 Expert Exchange: Mentoring Sessions Continued
- 14:30- 15:00 Breathe & Reflect: Meditation
- 15:00- 18:00 Team Synergy: Group Pitch Prep
- 19:00- 22:00 Networking Event @ OSIA beach bar
  - 19:00- 20:00 Volley Vibes: Beach Volleyball
  - 20:00- 21:00 Insight Exchange: Panel/Keynote
  - 21:00- 22:00 Evening Ease: Relax & Network

## Day 3: Final Celebration Breeze - August 23rd

- 8:00- 8:45 Sunrise Stretch: Morning Yoga
- 8:45- 9:30 Beachside Breakfast & Daily Rundown
- 9:30- 10:30 Free Time
- 10:30- 11:30 Pitch Perfecting: Mentorship
- 11:30- 12:00 Energize & Eat: Lunch
- 12:00- 14:30 Walk & Talk: Partner Meetings / Mentorship
- 14:30- 16:00 Pitch Refinement: Rehearse
- 16:00- 17:00 Tech Timeout
- 17:00- 17:10 Demo Day Kickoff
- 17:10- 17:30 CEO Insights: Inspirational Keynote
- 17:30- 19:30 Pitch Fest: The Battle
- 19:30- 20:00 Judgment Decision Time
- 20:00- 20:30 Victory Lap: Awards Ceremony
- 20:30- 22:00 Mingle Magic: Networking

## Day 4: Relax & Reflect - August 24th

- 9:30- 10:00 Rise and Shine: Last Breakfast Together
- 10:00- 12:00 Nature Connect: Hikes in Palanga
- 12:00- 12:30 Savor & Share: Lunch
- 12:30- 13:30 Farewell Reflection: Goodbye Hour